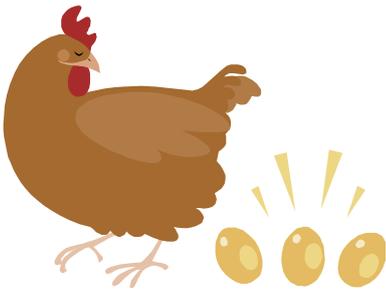


Chicken and egg activity



This is a good way of seeing progress of thought and experience from before a transition, through it and then after it.

Drawing pictures can make the thought process a bit easier for younger children as their thoughts can still tend to lean towards the pictorial rather than the verbal.

Before the transition is the egg bit (Anyone can draw an egg!). Ask children/young people to describe when they were 'unhatched': how they felt, what they were worried/hopeful about before the transition.

Then the newly fledged chick, what was it actually like when the new experience came along? Did they feel welcome, safe, how well were their needs met?

As a full-grown chick, children/young people can be asked for any observations to help the next batch of eggs hatch out successfully. What could be done to help those new chicks coming along, to make sure they feel welcome and safe?

Free range or battery? Activity



This a good way to think about the importance of being able to be heard and involved in decisions which affect you. It is a great activity to do with staff and young people to establish why it is so important that involvement and participation happen. It is best done as a small group activity with at least two groups.

A big piece of paper with a newly hatched chick drawn in the middle is given to each team. Half of the groups are told their chick is destined to a battery chicken experience, the other half to free range.

Each group has to think about what in human experience is akin to being a battery chick or a free range one (things like freedom of movement, freedom of association, free to choose what and when to eat, health and other needs catered for etc). The importance of some limits to freedom will usually come out, whether free range or battery we all need to keep the fox out.

When the groups have jotted down their ideas around their chick, the ideas of each group can be shared with everyone else.