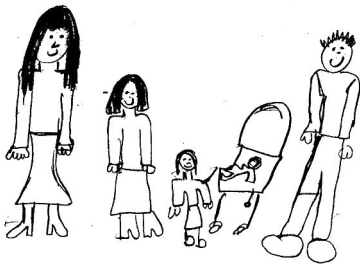
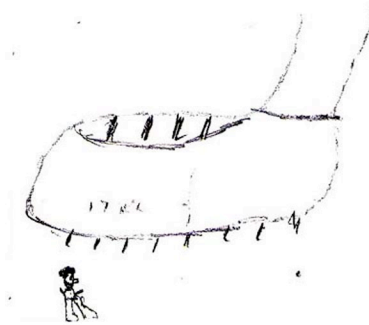


Drawing and writing or telling

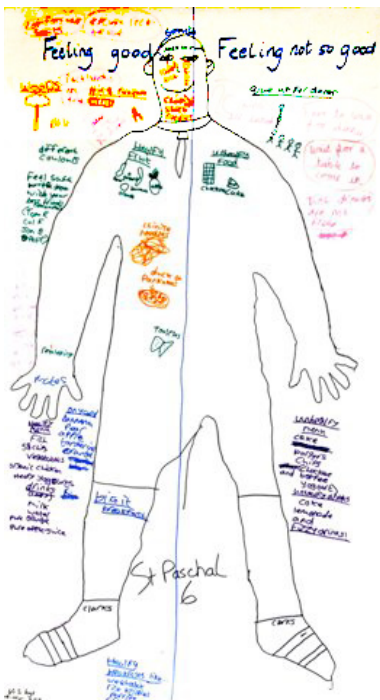
This approach was used for the "Are we there yet?" consultation (HCF 2008). Children are asked to draw themselves feeling good about an experience or situation and then to write about why they felt good in the drawing. They can also be asked to draw themselves feeling not so good and so on. This is particularly useful for primary age children who tend to draw what they feel rather than see and so the drawing is able to say so much more than could be easily verbalised.



"I felt good because my family were all together on a day out, and my sister and I were nice to each other."



"People are bullying me and I can't stand up for myself. It makes me feel small."



Using big rolls of paper, (printers for newspapers often have roll ends), children can work in two's and draw round one another and then thoughts and feelings can be written down around the person. Different coloured pens can be used for different questions so that it is easier to collate the information from the drawings later. The Forum's Consultation Worker used this method when working with a small team on a couple of consultations outwith Highland with school children about health and school meals.